

You are invited to a *new* Support Group for Parents of Children with Diabetes

Even if you feel you understand your child's diabetes, there will be times when you need to talk to someone who is experiencing the same issues you are.

Please join us for diabetes support where you can exchange information, feelings and ideas with other parents.



Support Group for Parents

Led by therapist Melissa Wehr, LISW RPT who has had Type 1 diabetes for 18 years. Sessions will provide education and support to parents of children/teens managing diabetes in Eastern Iowa.

Session Topics

Emotional/Mental Health Issues - What to Watch For & How to Address Them
Behavioral Issues - How to Handle These Concerns
Family Dynamics - How to Address Changes
Motivation for Children
Age Appropriate Responsibility for Self Care of Diabetes

Support Group Details

- FREE and open to the community
- Ongoing the third Tuesday of each month
- 6:00 PM
- Tanager Place Mental Health Clinic
2309 C Street SW, Cedar Rapids, Iowa
- Group Leaders - Melissa Wehr, LISW RPT and Stacie Mitchell, LMHC RPT CADC
- RSVP to (319) 286-4545



Tanager Place
Mental Health Clinic
Psychiatry • Psychology • Counseling

Children are welcome to attend and will be participating in an activity during the group session led by therapist Stacie Mitchell.

For more information call: 319-286-4545